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notice

Snuggled in your warm and
Cozy bed, breathe in and
Allow your eyes to open.
What catches your attention?
What do you Notice? Noticing
Is the first word of invitation
On the Advent Peacepath.
What scents pervade
Your house? How does light
Fall differently this season?
Open your front door, take in
The Day. It is your day, a day
Of deliberate awareness of all
That invites you into Peace. Notice.

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